

Sleepover Handbook

2016 - 2017
(English version)



Escola das Nações
School of the Nations

Hello, parents and guardians! This Handbook has been written to answer all your questions about Sleepover! I know you have many questions, so let's get started!

1) What is Sleepover and why do we do this special activity?

Sleepover is one of the activities of the Transition Project for Grade 1 to Grade 2 students. During the Sleepover, children sleep at the Main Campus and do various integration activities with their teachers and monitors. The purpose of the Sleepover is for students to integrate, socialize and become familiar with the new space at the School.

2) What is the date, location and time of the Sleepover? What time should the children arrive?

The Sleepover begins at 6:00 p.m. on March 17 and ends at 8:00 a.m. on March 18. It takes place at the Main Campus of School of Nations, at Q! 21, Special Area, *Lago Sul*. Your child should arrive punctually at 6:00 p.m. to register and pick up the materials.

3) Who will be responsible for my child during Sleepover?

All Early Childhood Coordination will be present and will spend the night at the Sleepover with the children. There will also be six Grade 1 teachers (Portuguese and English), two support teachers, fifteen assistants / monitors, two nurses on call and three other General Service personnel, totaling thirty-two people directly involved in childcare.

4) Is the school safe? What security will be at the School during Sleepover?

In addition to School guards, we will have a police escort, specifically for that day. Police will make a regular round during the night, as requested by the School. The fire department is also already aware of the Sleepover event.

5) What should each child bring to school?

Each child must bring a mattress, a complete set of sheets and a blanket, an object with which the child is accustomed to sleep and a backpack containing a change of clothes, pajamas and personal belongings (a toothbrush, tooth paste, a comb, etc.).

6) What kind of mattress should my child bring to school?

Each child should bring a simple but comfortable mattress. The mattresses will be placed on the rubber mats on the floor of the auditorium. Dem Air mattresses are allowed as long as the pumps to fill them accompany them.. Remember: parents are responsible for filling up the mattress.

7) What clothes should the children wear to Sleepover?

Children should come in comfortable clothes and shoes to play. They should bring a pair of pajamas in their backpack, which they will wear to bed, and a change of clothes to wear in the morning.

8) Should I bring a change of clothes to wear the next day?

Yes, it is better to send a change of clothes, because they will play a lot before bed and, sure enough, the clothes from the previous day will be well used and dirty.

9) Do I need to identify the items taken by the children?

Yes. We ask that ALL items children bring be identified, including mattresses, sheets, personal belongings and, especially, each piece of clothing.

10) Can I bring toys or Pokemon Cards?

No. We kindly ask you to leave toys at home. Only objects with which the child is accustomed to sleeping with should be brought, such as: stuffed animals, blankets, etc., and that help the child sleep or offer emotional security to the child. There will be lots of integration activities and no toys will be needed.

11) Who will prepare the children's beds?

Parents and guardians must organize their children's beds when they register. Prepare the mattress, cover the bed, put the items that the child uses to sleep and leave the backpack in the place indicated.

12) Will the children eat at the School?

The kids will have a fun dinner at the School around 8:30 p.m. Options include pizza, hot dogs, spaghetti, natural juices and desserts. The menu will be made by the School nutritionist and will observe all restrictions and allergies for each child.

13) How do children prepare for sleep? What time do they go to bed?

After dinner, around 9:15 p.m., the children are asked to put on their pajamas, brush their teeth and go to their beds in the auditorium where they will watch a movie before going to bed. At that moment, lights will be turned off.

14) What if my child cannot sleep and wants to go home?

We will contact parents or guardians immediately to ask them to pick up the child.

15) What if my child gets sick or is sick during the night?

He or she will be taken care of immediately by the nurse on duty. We will contact parents or guardians immediately to inform them and to ask them to pick the child up.

16) Who can I contact if I want to know about my child?

Any person in the Coordination is able to inform you about your child. When you check in, you will receive a cellphone number that will be available only to parents and guardians throughout the entire sleepover event.

17) Will the event be photographed or filmed?

The event will be photographed and filmed by professionals hired by parents and guardians for the transition project.

18) What time should I pick up my child at school the next day?

Children will be ready to go home at 7:30 a.m. At 8:00 a.m. all children must be picked up because the School will be preparing for the Science Fair, which will take place the same day.

We wish a cantonment
Very fun to all !!!

Check List for the Sleepover

1. Mattress ()
2. Set of sheets ()
3. Blanket ()
4. Sleeping object ()
5. Pajamas ()
6. Change of clothes (including underwear and socks, if applicable). ()
7. Toothbrush and toothpaste ()
8. Other personal objects ()
9. Identify all materials. ()